

Overview of Cal Beyer; Vice President; Workforce Risk & Worker Wellbeing; CSDZ, a Holmes Murphy Company.

- Joined CSDZ on March 16, 2020.
- Working nationally with construction associations and employers to help the construction industry become aware of and respond to the threats of mental health, substance misuse, and suicide risk.
- Work from Minnesota and reside in Washington State.
- Frequent presenter at national industry events and frequent contributor

to various construction industry publications.

#1. My former employer was a hot mix asphalt producer and paving contractor in the Pacific NW (2014-2020)

- This is where I launched the mental health and suicide prevention initiative in 2014-15.
- Company was a 3rd generation, family-owned contractor with 650-700 employees.
- We had 18 asphalt plants, a large rock quarry, and asphalt oil hauling tanker trucks.
- I founded a Paving Work Zone Risk Reduction Committee with the WA Asphalt Pavement Association (WAPA) and WSDOT
- 7 WAPA contractors & 8 from the State. We focused on changing specifications for work zones on speed reductions, lane & ramp closures, reimbursement of law enforcement in work zones, etc.).
- Company permitted (and encouraged) me and my team to help lobby for 2 new laws in WA for distracted driving (cell phone restrictions) and mandatory move-over roadway worker safety

#2. Asphalt Pro magazine was an early adopter on the mental health and suicide prevention

- here is one of the 3 articles that Asphalt Pro published.
- A number of asphalt company leaders provided quotes. They include current Executive Committee officers of the association. https://theasphaltpro.com/articles/construction-safetys-next-frontier-suicide-prevention/

#3. Asphalt Pavement Association of Oregon (APAO) was an early adopter

• This article was written by John Hickey, Executive Director from APAO about his association's adoption of mental health and suicide prevention

https://theasphaltpro.com/articles/candid-safety-promotes-mental-health-and-prevents-suicide/

#4. National Asphalt Pavement Association (NAPA)

• **Asphalt Pavement magazine** – I worked with former editor Monica Dutcher for her to draft this article:

file:///C:/Users/cbeyer/Downloads/NAPA%20Getting%20Real%20About%20Mental%20Healthnov=Dec%202019.pdf

• NAPA was one of the first 10 associations to become a supporter of the Construction Industry Alliance for Suicide Prevention (www.preventconstructionsuicide.com)

#5. Colorado Asphalt Pavement Association (CAPA)

 CAPA will be posting additional resources on its webpage to share with members of the association in Spring 2021

Cal Beyer, CWP

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